

Appointment Date: _____

Time: _____

LOCATION: Aultman Main Hospital: 2600 6th St. SW, Canton

DEPARTMENT: Aultman Heart and Vascular Center

SUMMARY OF THE EXAM

A tilt table test is performed to help in finding the reason for your syncope, commonly called “fainting,” “blackouts” or “passing out.”

WHAT TO EXPECT

The exam is designed to create a condition that could cause you to faint if you are prone to doing so. You will be placed on a monitor and have an IV started. You will lie on a table that will be tilted to a near standing position. Straps across your chest and legs support you in this position.

You may experience dizziness, weakness or nausea. Tell staff immediately if you experience any of these symptoms.

INSTRUCTIONS

- Please bring a written order from your doctor for the exam.
- Please bring a driver’s license or other photo ID.
- Do not eat or drink for four hours before the test. You **MUST** take your medications with just a sip of water.
- Please bring a complete list of all your medications.** Bring in your medications for the day.
- Please arrive 30 minutes prior to the scheduled exam time so you can have your IV and other preparation complete.

LENGTH OF EXAM: Plan of spending *two hours* at the hospital for the preparation, exam and recovery.

AFTER THE EXAM: You may eat and drink after the exam. You will be asked to remain in the hospital for 30 minutes after the test. During this time you may eat, visit or just rest in the waiting area. If you experience symptoms, report to the stress lab nurse. After 30 minutes, you are free to leave.

You should expect to receive the results of your exam at your next health care provider appointment (if scheduled) or within 10 days of your exam. Please call your health care provider if you do not receive your results.

QUESTIONS PRIOR TO YOUR TEST

Call 330-363-4229 weekdays between 8 a.m. – 4 p.m. and ask to speak to the stress lab nurse.

SCHEDULING AND REGISTRATION: Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a patient access representative if we need any information. If you have questions or need to schedule or reschedule your exam, please call the cardiologist who scheduled your test.

HOSPITAL PARKING

Free visitor parking is available in Lot 3 across from the Bedford Building. Enter from 6th Street. Valet parking is available at the 7th Street and Bedford building entrances for a fee – or free if you are a handicapped motorist. Deck parking is available on 7th Street for a fee based on your length of stay.

DIRECTIONS TO THE DEPARTMENT

Heart and Vascular Center (Lot 3 parking is the closest parking) is located on the first floor of the Bedford Building. After entering the Bedford lobby, turn to your right and enter the Heart and Vascular Center.